



Funded by
the European Union

ERASMUS-SPORT-2021-SSCP

Erasmus Mundus, Sport

PROJECT

Water adventure games for families

WAG4F-101049579

01.05.2022 – 31.10.2023

Beneficiary:

Consult Group Association, Bulgaria

Partners:

Water and rowing club - Bononia, Bulgaria

Calafat – Duiven Association, Romania

Vega Youth Center, Serbia

“Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or European Education and Culture Executive Agency (EACEA).

Neither the European Union nor the granting authority can be held responsible for them.”



MODEL OF Adventure racing /WATER TRIATHLON/



History - Types of competitions

Adventure racing is a popular team sport in which teams compete in kayaking, running and mountain biking to complete a route in a set amount of time.

The success of a team in this type of sport depends on the ability of the participants to cooperate and navigate the course both mentally and physically. Adventure races can last from a few hours to a few days.

The main disciplines in adventure racing include trekking, mountain biking, and rowing, although races can include a variety of other disciplines, including rock climbing, abseiling, horseback riding, skiing, and whitewater rafting.





Funded by
the European Union

Adventure races can last from a few hours to a few days. Adventure racing (also called expedition racing) is a multi-discipline team sport involving navigating an unmarked course across various terrains, including desert, lasting from two hours to two weeks.

Some competitions also offer individual performances.

“Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or European Education and Culture Executive Agency (EACEA).

Neither the European Union nor the granting authority can be held responsible for them.”



Funded by
the European Union

Teams usually vary in gender and age mix, from two to five competitors, but the basic format includes mixed teams of a minimum of three competitors. There is usually no stoppage of the clock during races, regardless of length, elapsed race time runs concurrently with real time, and competitors must choose whether or when to rest.

“Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or European Education and Culture Executive Agency (EACEA).

Neither the European Union nor the granting authority can be held responsible for them.”



Funded by
the European Union

The roots of adventure racing run deep and people argue about the origins of modern adventure racing. Some point to the two-day Karimor International Mountain Marathon, first held in 1968, as the birth of modern adventure racing. In the marathon Karimor se In 1980, the Alpine Marathon was held in New Zealand. Individual competitors ran, rowed and skied to the finish line.



“Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or European Education and Culture Executive Agency (EACEA).

Neither the European Union nor the granting authority can be held responsible for them.”



Funded by
the European Union

In 1980, the Alpine Marathon was held in New Zealand. Individual competitors ran, rowed and skied to the finish line.

Later that year, Alpine Ironman creator Robin Judkins launched the more famous Coast to Coast race, which incorporates most of the elements of modern adventure racing: running, cycling and rowing.

Air New Zealand Marathon

“Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or European Education and Culture Executive Agency (EACEA).

Neither the European Union nor the granting authority can be held responsible for them.”



Funded by
the European Union

The first week-long adventure race was held in 1982 in North America. It's called "Classic Wilderness" and debuts in Mt. Alaska. In the race involves a journey in the desert - with no roads, no pack animals and no support teams, and all food and equipment is carried by the participants from start to finish. The race was held over a distance of 50 to 150 miles. It continues today, changing disciplines every 3 years.




“Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or European Education and Culture Executive Agency (EACEA).

Neither the European Union nor the granting authority can be held responsible for them.”



Funded by
the European Union



From 1989, the modern era of adventure racing began. The races incorporate all the modern elements of adventure racing, including teams of men and women competing in multi-day races over 400 miles.

“Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or European Education and Culture Executive Agency (EACEA).

Neither the European Union nor the granting authority can be held responsible for them.”



Funded by
the European Union

In 1998, the United States Adventure Racing Association "USARA" was formed. It is the first "national governing body" for the sport of adventure racing and arose out of the need for safety standards, insurance and to promote the growth of adventure racing in the United States. USARA added national rankings, national championships, environmental standards to the list of benefits provided to the sport of adventure racing.

In 2000, the first United States National Adventure Racing Championship was held in Kernville, California. The national championship USARA is usually held the first weekend in October and is considered the premier adventure race in the USA. The USARA Adventure Racing National Championship continues each year, attracting America's best teams for a chance to win the title of National Champion.

“Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or European Education and Culture Executive Agency (EACEA).”

Neither the European Union nor the granting authority can be held responsible for them.”



Funded by
the European Union

In 2001, the first world championship was held in Switzerland with the Nokia Adventure team. The concept of a World Cup remained dormant until it was revived in 2004, along with Canada's.

In 2010, the German Adventure Race series was held for the first time at three different locations across Germany. Since then, the popularity of the sport in Germany has grown every year. More races and venues have joined the series and the number of competitors is still growing year by year. Competitors can start in teams of two (men, women or mixed) in the Master (15–20 h), Challenger (8–10 h) or Novice (4–6 h) categories.

In 2012, Commander Forer of the Royal Navy organized the first Sea Land event, the Salt Amphibious Challenge. The competition requires from competitors to divide their forces and take part in the disciplines of sailing, running and cycling in the separate parts of the race and at the end and sail the yacht to the finish line.



Funded by
the European Union

In May 2018, the first World Championship was held for obstacle sports and related disciplines.

The types of competitions are of different duration from 2 hours to 11 days. They include the following disciplines:

Paddling: kayak, canoe, boats and rafts;

Cycling: mountain bikes, scooters, rollerblades;

Burden animals: horses and camels;

Flying in the air: Paragliding, hang gliding;

Terrain coverage: Orienteering, mountaineering, caving, swimming, riverboarding;

Learning the Ropes: Ascending; descent, crossing (including by zip-line).



Funded by
the European Union

Technical requirements

Each participant in the race traverses a course of 200 meters (100 meters in each direction) with a turn, with the competitors slaloming between the buoys arranged along the course at a distance of 25 meters (5 pieces). The turn will be marked by three larger water buoys. It starts from a specially prepared flyover, each competitor participates with his own sub board, provided by the organizers.

Equipment required

- 1. route marked with buoys*
- 2. start and finish line*
- 3. timing*
- 4. judges on the course and at the start/finish*
- 5. sub board for each participant at least 6 pieces*

The lottery for participation will be drawn in advance at the technical conference, and participation is according to the scheme attached below.



**Funded by
the European Union**

END the part 1

THANK YOU FOR YOUR ATTENTION

PROJECT

Water adventure games for families

WAG4F-101049579

01.05.2022 – 31.10.2023

“Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or European Education and Culture Executive Agency (EACEA).

Neither the European Union nor the granting authority can be held responsible for them.”